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715-343-7500

Program Office

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715-343-7100

Marquette County

Early Learning Center

222 South Franklin Street
Oxford, WI 53952
608-586-4404

Outagamie County

Program Office

400 N Richmond St, Suite F
Appleton, WI 54911

Waupaca County

Program Office

101 Tower Road
Waupaca, WI 54981
715-258-9575

Waushara County

CAPsell Center

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920-787-3949

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capservices.org



Community Partnerships Strengthen Youth Mental Health Efforts in Waushara County	1
Sexual Assault Awareness Month	2
CAP's Take A Ride	2
Head Start Applications	2
CAPsell Open House	3
Hmong Day Celebration	3
Community 2000 Golf Outing	3
Engage with CAP	3

Community Partnerships Strengthen Youth Mental Health Efforts in Waushara County

Community members gathered on April 7 in Wild Rose for the Spring Facts Dinner featuring Dr. Roxy Etta, who shared insights on youth mental health, screen use, and the importance of connection in the lives of young people. The evening provided an opportunity for parents, caregivers, educators, and community members to learn more about the challenges facing today's youth and the protective role that relationships, belonging, and supportive environments play in promoting mental well-being.

The event was made possible through collaboration between the Waushara County Prevention Council, Healthy Communities Healthy Youth, CAP Services, and ThedaCare's regional SYNC (Supporting Youth, Nurturing Connection) initiative. Together, these partners are working to strengthen the environments that support youth well-being across schools, families, healthcare systems, and communities.

The themes Dr. Etta shared throughout her presentation closely align with the goals of SYNC, a community movement focused on improving youth mental health by strengthening connection and belonging. Research and community feedback continue to show that youth mental health is shaped not only by individual factors, but also by the environments where young people live, learn, and spend their time.

As part of CAP's involvement in SYNC, Family Support Specialist Ashley Podoll is serving as SYNC Community Coordinator in Wild Rose. This role has her working alongside local partners to engage youth, families, schools, healthcare providers, and community organizations in conversations about connection, belonging, and well-being.

"One of the most exciting parts of this work is seeing organizations across Waushara County come together around a shared goal of supporting youth," Podoll shared.



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continued on page 2

Raising Awareness and Supporting Survivors

CAP Services recognized Sexual Assault Awareness Month in April through participation in several events to raise awareness, support survivors, and educate community members about available resources.

Staff and supporters took part in Denim Day, a national campaign that encourages people to wear denim as a visible sign of support for survivors of sexual assault and to help challenge misconceptions surrounding sexual violence.

Community members also gathered for the Be the Light Walk hosted by UW-Stevens Point Center of Prevention, demonstrating solidarity with survivors and promoting hope, healing, and awareness.

The Family Crisis Center Bingo event in Waupaca brought community members together for an evening of fun while helping raise awareness about the services and support available through the

Family Crisis Center.

In addition, Family Crisis Center staff participated in a Community Conversation at Mid-State Technical College, where they shared information about the Family Crisis Center's programs and resources available to individuals and families affected by domestic violence, sexual assault, and other forms of abuse.

CAP Services remains committed to supporting survivors, promoting prevention, and building safer communities throughout the year.



Community Partnerships *continued from cover*

“Through SYNC, we’re creating opportunities for youth, families, schools, healthcare providers, and community partners to work together to build stronger connections and a greater sense of belonging.”

As SYNC continues to grow locally, partners are using community data and youth voice to help guide future efforts aimed at strengthening connection, resilience, and support systems for young people throughout Waushara County.

CAP's Take A Ride Fundraising Bike Ride

CAP's annual bike ride fundraiser, Take A Ride, was held Saturday, May 9, at Central Waters Brewing Company. Although the weather was a bit cool and windy, riders enjoyed the beautiful countryside while supporting CAP programming.

More than 150 participants took part in the event, stopping along each route at designated comfort stops offering refreshments and a chance to rest. Stops included ScandiHus, Sunset Lake Park, and Ruby Coffee Roasters.

Participants also received a commemorative Take A Ride/Central

Waters pint glass and a complimentary drink ticket provided by Central Waters Brewing Company.

A huge thank you goes out to all of the staff and volunteers who helped make the event possible — and to everyone who came out to ride. We could not have done it without your support.

We would also like to extend a special thank you to our generous sponsors: [First Business Bank](#), [Delta Dental](#), [Nicolet National Bank](#), [International Bank of Amherst](#), [Northwind Solar](#), and [Skyward](#) for their support of this year's event.

Head Start Applications

CAP Services' Head Start Preschool and Early Head Start programs are now accepting applications for the 2026–2027 program year.

Head Start Preschool and Early Head Start provide comprehensive prenatal, early childhood, and family development programs to eligible families.

CAP's Head Start programs serve families in Stevens Point, Wautoma, Oxford, Waupaca, New London, and Clintonville.

To learn more or request an application, call 715-343-7539 or visit capservices.org. For Spanish assistance, call 608-369-3437.



CAPsell Open House

CAP Services welcomed community members to an open house at the CAPsell Center in Wautoma on April 29, held in conjunction with a Family Night spaghetti dinner hosted by CAP's Head Start program. Attendees had the opportunity to learn more about CAP's Head Start, Early Head Start, Skills Enhancement, Housing, Weatherization, and Lending programs and the services available to support individuals and families in the community.

An advocate from CAP's Family Crisis Center Services was also on hand to provide information about resources and support available to individuals impacted by domestic violence and abuse. The event offered a valuable opportunity for community members to connect with local resources, ask questions, and learn how CAP Services and its partners are helping strengthen communities across the region.

Engage with CAP

Scott Norder, CAP's Director of Community Engagement, wants to hear from you!

If you'd like to learn more about CAP, including our agency's 60 years of impact, program spotlights, and opportunities to support our work — contact Scott at snorder@capmail.org.

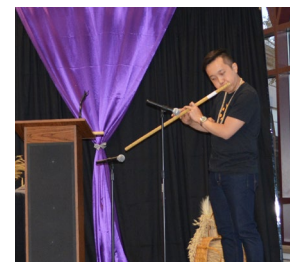
Hmong Day Celebration

CAP Services celebrated Hmong Day on May 14 with a vibrant evening dedicated to honoring Hmong culture, heritage, and community. Community members gathered to enjoy an event filled with storytelling, music, food, fashion, and cultural celebration.

The evening began with a Hmong Day proclamation presented by Stevens Point Mayor Mike Wiza, recognizing the importance and contributions of the Hmong community throughout Central Wisconsin. Guests then heard inspiring remarks from Diane Moua, chef and founder of Diane's Place, who shared personal stories and reflections. Ann Vang from the Wisconsin Food Hub Cooperative also spoke about community connections and cultural pride.

Attendees enjoyed a traditional Hmong clothing fashion show presented by Linda Vang, founder of Linda's Collection, showcasing the beauty and artistry of traditional attire. The celebration also featured delicious Hmong cuisine, traditional dance performances, a community photo booth, and live music by Neng Now, who performed using handmade instruments.

CAP Services extends its gratitude to the organizations that hosted resource tables, the volunteers and partners who helped make the event possible, and everyone who joined in the celebration. Events like Hmong Day help strengthen community connections while honoring the diverse cultures that make Central Wisconsin a welcoming place for all.



Community 2000 Golf Outing



Sixty-five golfers, along with community partners, staff, and volunteers, came together for a day of golf and camaraderie at CAP's 22nd Annual Community 2000 Golf Outing at Crystal Springs Golf Course in Seymour.

The event featured an 18-hole scramble, basket raffles, a dinner buffet, and a live auction. While Skinkis Lawn Care took top honors on the course, everyone enjoyed a beautiful day filled with sunshine, friendly competition,

and community spirit.

Proceeds from the outing support CAP's Community 2000 program, which provides emergency food assistance, clothing, personal care items, and other household essentials to individuals and families in need.

Thank you to our golfers, sponsors, donors, and volunteers for making this year's outing a success. We look forward to seeing everyone next June!

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