



## LOCATIONS

### Portage County

#### Administrative Office

2900 Hoover Road  
Stevens Point, WI 54481  
715-343-7500

#### Program Office

1608 West River Drive  
Stevens Point, WI 54481  
715-343-7100

### Marquette County

#### Early Learning Center

222 South Franklin Street  
Oxford, WI 53952  
608-586-4404

### Outagamie County

#### Program Office

400 N Richmond St, Suite F  
Appleton, WI 54911  
715-318-8896

### Waupaca County

#### Program Office

101 Tower Road  
Waupaca, WI 54981  
715-258-9575

### Wausara County

#### CAPsell Center

205 East Main Street  
Wautoma, WI 54982  
920-787-3949

844-314-8004

[capservices.org](http://capservices.org)

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## Mai Thao - Emerging Leaders Program

Mai Thao, Mental Health Advocate with CAP Services, recently completed the nine-month Emerging Leaders Program through the Wisconsin Department of Health Services. She was honored for this accomplishment at a graduation ceremony held during the 21st Annual Mental Health and Substance Use Recovery Conference in Wisconsin Dells.

The Emerging Leaders Program prepares the next generation of behavioral health leaders through seven immersive sessions focused on emotional intelligence, leading from the middle, cultural humility, and leadership development. The program creates a supportive environment where trainers and participants can connect, reflect, and engage in meaningful conversations. For Mai, one of the most valuable aspects was building relationships with fellow emerging leaders. "I left each session inspired by their dedication and the impactful work they are doing in their communities," she shared. "This experience taught me that leadership is celebrating the success of others. It feels better to stand together than to stand alone."

A central component of the program is the development of a passion project. Mai's project combined traditional Hmong dance with South Korean pop, creating a unique and culturally resonant approach to wellness. "I chose to focus on promoting health and wellness through dance, an initiative tailored to support the Hmong community," Mai explained. "My Zumba experience introduced me to a holistic approach to health and wellness."

Frank Bellamia, CAP's Mental Health Navigation Program Manager, highlighted the positive impact of her growth: "Mai has brought the skills she gained from the Emerging Leaders Program directly into her work with Mental Health Navigation. She approaches challenges with a new level of confidence and clarity, and she naturally stepped into a leadership role within the team. Her development has had a meaningful impact on the program and on the people we serve."

Congratulations, Mai, on this impressive achievement!

# Children's Discovery Center Open House



On October 29, CAP welcomed families, community partners, and friends to explore our classrooms at the Children's Discovery Center and learn more about the high-quality early education and family support services we provide.

Visitors had the chance to connect with our talented early childhood development staff, CAP's Community Resource Team, Noble Clinics, Childcaring, Inc., and several of our dedicated board members. A highlight of the event was the interactive scavenger hunt which guided families through different stations to discover more about our curriculum, nutrition program, classroom activities, and program options.

It was a fantastic evening of connection, learning, and fun—we're so grateful to everyone who joined us! For more information about CAP's Children's Discovery Center, and additional child and family development programs, please visit [capservices.org/our-services/child/](https://capservices.org/our-services/child/).



Support CAP Services this

# GIVING TUESDAY

**CAP**  
SERVICES



## CAP Services Celebrates Giving Tuesday

CAP Services is joining millions around the world participating in the global generosity movement known as Giving Tuesday. Giving Tuesday unleashes the power of people and organizations to transform their communities and will kick off the generosity season by inspiring people to give back on Tuesday, December 2, 2025.

"Giving Tuesday serves as a great reminder of how the simple act of giving can contribute to building a better world," said Nicole Harrison, CAP Services' President & CEO. "Our Giving Tuesday theme this year will focus on community impact, and during the campaign we look forward to sharing on social media how CAP's programs are transforming communities. We invite you to follow along and amplify CAP's impact with your gift of support."

Giving Tuesday was launched in 2012 as a simple idea: to create a day that encourages people to do good. Over the past eleven years, this idea has grown into a global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

"This year, CAP's goal is to raise \$10,000—which is well within reach thanks to a \$5,000 Challenge Match grant from the J. J. Keller Foundation," Harrison noted. "The Foundation will match new or increased gifts, up to \$1,000 per donor, making Giving Tuesday a perfect time for people to make their first gift to CAP or to give a little more knowing that their impact will be doubled."

To participate in CAP's Giving Tuesday initiative, please visit our [Giving Tuesday](#) page. More details about the Giving Tuesday movement are available [HERE](#).

## Engage with CAP

Scott Norder, CAP's Director of Community Engagement, wants to hear from you! If you'd like to discover what CAP has to offer – including more about our agency's history, program spotlights, and opportunities to support our work – contact him at [snorder@capmail.org](mailto:snorder@capmail.org).

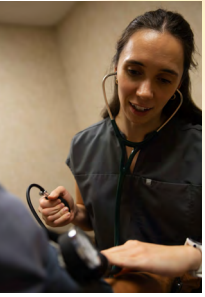


Share this newsletter with a friend or have them sign up on our website at [capservices.org](https://capservices.org). Follow us on social media.





# Partner Spotlight: Hope Clinic & Care Center



As answered by Jessica Dahlke, RN, Clinic Manager,  
[Hope Clinic & Care Center](#)

## What is the mission and vision of Hope Clinic?

The mission of the Hope Clinic and Care Center is to partner with the community to help improve its health and well-being by providing access to quality health care for the healing of the mind, body and spirit.



## What are some of the services offered by Hope Clinic?

Free Healthcare & Social Services offered at Hope Clinic include:

### Primary Care

- Hope Clinic offers each new patient a 60-minute appointment to allow for thorough assessments and meaningful provider connections. We also offer translation services for non-English speaking patients.
- Our clinical team provides free exams, lab work, medication assistance, and referrals to specialists as needed. This ensures access to comprehensive care for individuals who may not otherwise receive it.



### Counseling

- Hope Clinic provides free mental health counseling to patients of all ages.
- Licensed counselors & Coaches (unlicensed counselors or therapists) help individuals manage concerns like anxiety, depression, and stress in a safe, supportive environment. These services are designed to promote long-term emotional and mental well-being.

### Care Navigation

- Our Care Navigation program helps patients address non-medical barriers that impact their health, such as housing, food, or employment needs.
- Care Navigators work one-on-one with patients to set goals, complete paperwork, and access local resources. This approach supports stability and self-sufficiency beyond the clinic visit.

## What is your favorite part about being a member of Hope Clinic?

My favorite part of Hope Clinic is being part of the healing mission that provides health and hope to those in need. Collectively, these services target barriers, fix fractures in the healthcare system, and embrace our shared responsibility to care for one another, building a place where no one is left behind. Together, we ensure that everyone in our community can realize health, stability, and hope.



## How does Hope Clinic partner with CAP Services?

We have partnered with CAP's Community Resource Team (CRT) to offer health screenings at Latino Fest in Appleton. I am also on a steering committee helping the CRT develop focus groups to better understand how residents across CAP's five-county service area access care and how the Team can best meet the needs of the communities they serve.

## If you had to eat one meal everyday for the rest of your life, what would it be?

If I could only eat one food it would be tacos, of course.

# Save the Date

## Take A Ride

May 9, 2026

[Central Waters Brewing Company](#) - Amherst

Join us for a beautiful 10, 30, or 50 mile ride beginning and ending at Central Waters Brewing Company. Registration includes a Central Waters beverage chip and a commemorative pint glass.



## Thrivent Choice® Dollars

On Giving Tuesday or any time, you can contribute to CAP Services by participating in Thrivent Choice®, Thrivent's charitable outreach program. Thrivent Choice provides an online giving platform where you can make personal donations. And Thrivent pays the processing fees, so 100% of your donation goes to help make an impact.

To learn more about this program please visit [thrivent.com/thriventchoice](https://thrivent.com/thriventchoice).

# Fall Fun in Portage County

CAP programs embraced the spirit of autumn with activities filled with community, service, and smiles!

## Trunk or Treat Fun

On October 23, Hmong UPLIFT and Early Childhood Development staff hosted a lively Trunk or Treat filled with creative trunks, fun costumes, and plenty of smiles. A huge thanks to our community partners, CAP staff, and families who decorated, donated candy, and joined the celebration!



## Rake-A-Thon 2025

The following week, Hmong UPLIFT families took part in the United Way of Portage County's Rake-A-Thon—volunteering their time to help neighbors and keep our community beautiful.

# Community Assets for People

Community Assets for People, LLC (CAfP) is CAP Services' lending affiliate and is certified as a Community Development Financial Institution (CDFI). CDFIs are mission-driven financial institutions that provide loans, investments, and financial services to individuals and communities that are underserved by traditional banks.

"Community Development Financial Institutions help bridge the funding gap by providing affordable, flexible financing to people, businesses, and communities that traditional banks often overlook," said Mandy Bowe, Vice President of Lending for CAP Services.

To become a certified CDFI, an organization must apply to the U.S. Treasury and meet several criteria, including:

- Maintaining a primary mission of community development
- Targeting underserved markets or populations
- Offering financial products along with development services
- Demonstrating accountability to the communities they serve

CDFIs do more than provide capital—they create pathways for people to shape their own economic futures. By connecting community potential with accessible financial resources, they help build systems where individuals and businesses can thrive.

CAfP gratefully acknowledges the following investors who support our work:

- Credit Builders Alliance
- Delta Dental of Wisconsin
- Federal Home Loan Bank of Chicago

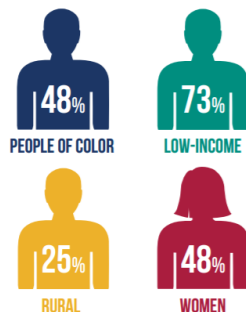
- Incourage Community Foundation
- National Exchange Bank
- Opportunity Finance Network
- Packer Apartments Corporation
- School Sisters of Notre Dame
- The Congregation of the Sisters of St. Agnes
- USDA - Intermediary Relending Program
- USDA - Rural Business Enterprise Grant Program
- USDA - Rural Microentrepreneur Assistance Program
- US Small Business Administration - Microloan Program
- US Treasury - CDFI Fund
- Wisconsin Council of Churches

If you'd like to drive social impact and foster economic growth by investing in CAfP, please contact Mandy at [mbowe@capmail.org](mailto:mbowe@capmail.org).

## CDFIs PROVIDE OPPORTUNITY. FOR ALL.

Community development financial institutions (CDFIs) are private financial institutions that are 100% dedicated to delivering responsible, affordable lending to help disinvested people and communities join the economic mainstream

### CDFIs TARGET UNDERSERVED POPULATIONS



### CDFIs CREATE TANGIBLE IMPACT



Since 1985, OFN Member CDFIs have provided more than \$48 billion in responsible, affordable lending across the country. In 2015 alone, OFN Member CDFIs provided \$5 billion to low-income individuals and communities.

### CDFIs ARE PERFORMANCE ORIENTED



All data referenced above is from Opportunity Finance Institutions, Side by Side Fiscal Year 2015. Published annually by Opportunity Finance Network, this report provides key statistics and essential analysis of the more than 200 CDFIs who are Members of OFN. It provides insight into the industry and is an essential reference for opportunity finance practitioners. FREE to OFN Members and Allies. Side by Side can be found at [ofn.org/publications](http://ofn.org/publications).

OPPORTUNITYFINANCE NETWORK



# Domestic Violence Awareness Month

Domestic Violence Awareness Month is commemorated each October. CAP's Family Crisis Center Services held events Thursday, October 9 in Waupaca and Stevens Point to raise awareness about the impacts of domestic violence. Attendees heard stories from domestic violence survivors and joined community members in a silent walk to honor survivors and victims.

Audelina Sanchez, CAP's Waupaca and Waushara Counties Rural Outreach Manager, noted the importance of uniting communities through these

events. "Domestic Violence Awareness Month is an opportunity for all of us to come together to take a stand against domestic violence and show survivors that they are not alone," she shared.



## A Commitment to Development

Team members from across our five-county service area gathered in Stevens Point on Friday, November 14 for CAP's **All Staff Development Day**. This annual event is dedicated to education, inspiration, and connection, offering our staff and Board members the opportunity to learn, grow, and recharge together.

Throughout the day, team members participated in various breakout sessions on health and wellness, financial planning, self-defense, and other topics focused on enhancing personal and workplace well-being. We also celebrated milestone anniversaries and concluded the day with lively entertainment from ComedySportz Milwaukee—complete with some very brave staff volunteers!

Many staff, including members of CAP's Talent Engagement and Development Committee, contributed to making the day meaningful, memorable, and fun. We are grateful for the hard work and dedication of all our incredible team members who serve our communities each day.



## CAP's 2025 Milestone Anniversaries:

### 35 years:

Kristie Strebig

### 30 years:

Donna Schimelpfenig

### 25 years:

Rachel Smola

Vicki Haefer

### 20 years:

Aaron Olson

### 15 years:

Deana Hirte

### 10 years:

Alicia Johnson

Norman Herman

Wendy Fletcher

Nicole Kellerman

Jessica Rogalla

Joel Gomez

### 5 years:

Michele Krommenakker

Ashley Podoll

Joana Lapp

Sarah Heinrich

Ashley Oswald

Cassidy Crunkilton

Stephanie Musch