



Head Start & Early Head Start Annual Report 2024

Our mission is to transform people and communities to advance social and economic justice.

What is Head Start?

CAP Services' Head Start Preschool and Early Head Start are federal- and state-funded programs that promote school readiness and provide quality health, nutritional, social, and other services to enrolled children and families. The chart below highlights examples of services provided. These comprehensive programs involve the family and community in which they live in the total development of the child.

Head Start Preschool and Early Head Start services are provided in Portage, Waupaca, Waushara, and Marquette counties.

Head Start Preschool is a part-year program designed for children ages 3-5 years. Early Head Start is a year-round program that serves pregnant women and children from birth to age 3.

Income-eligible families with children ages birth to five, pregnant women, and families with children with documented disabilities are encouraged to apply anytime.

2023-2024 Overview

The program finished the third year of its five-year grant cycle in June 2024. Each grant period has three reviews conducted by the Office of Head Start to assess the program's implementation of Head Start Program Performance Standards. The second monitoring review, a CLASS (Classroom Assessment Scoring System) review, was conducted in spring 2024. The program successfully met the standards indicating quality learning environments in Head Start classrooms in all three domains (emotional support, classroom organization, and instructional support).



"The Head Start program and the staff that dealt with my daughter during her 3k and 4k years made her love school."

- Early Head Start/Head Start Parent

Strength-based
Family identified goal
planning
Trusting
Relationships
Home visits

Family Services

Nutrition

Referrals

Education
Nutritious meals & snacks
Parent child activities
Consultant services

Education

Creative Curriculum
Ongoing
assessment
Parent conferences
Home visits
Developmental
screenings

School Readiness: Children are Ready to Learn

Health

Medical & dental screenings Health screenings Referrals Prenatal Services The implementation of Conscious Discipline continued with every staff member receiving ongoing training in the powers,

Disability

Ongoing referrals & evaluation
Individualization
Inclusion
Resource Sharing
Advocacy

Mental Health

Conscious Discipline
Approach
Classroom &
socialization
observations
Consultant services
Referrals

skills, and structures
within the Conscious
Discipline program.
All classroom staff
were assessed in
implementation
of the Conscious
Discipline through
classroom observations
in the fall and spring.
The program had

The program had scores in each area improve as staff moved towards being proficient in each skill or structure.

2023-24 Program Data

Head Start Preschool

232 Head Start enrollment slots

210 Center based federal funded

22 Home based federal funded

258 Head Start children served

234 Head Start families

98% Head Start average percentage of enrollment slots filled

OR

228 children enrolled each month (average)

Early Head Start

122 Early Head Start enrollment slots

72 Home based federal funded

40 Center based federal funded

10 Home based state funded

192 Early Head Start children served

10 Pregnant Women

168 Early Head Start families

97% Early Head Start average percentage of enrollment slots filled

OR

118 children/pregnant women enrolled each month (average)

Race

2% American Indian

4% Asian

7% Black or African American

10% Biracial/Multi-racial

5% Other/Unspecified

72% White

Ethnicity

23% Hispanic or Latino

77% Non-Hispanic or Non-Latino

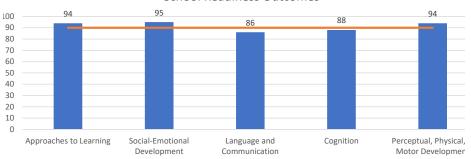
Education

In the center-based option, the program utilizes Teaching Strategies Creative Curriculum as the foundation for lesson planning. Children are guided through a variety of studies (i.e., music making, boxes, roads, exercise, bread) while developing development skills across all areas. The curriculum further includes a platform to connect parents with their child's learning in the classroom.

In the home-based option, Parents as Teachers and Partners for a Healthy Baby are

the curriculums utilized in planning activities during home visits. As their child's primary teacher, parents utilize the expertise of home visitors in guiding their child's learning and development. In addition, the parenting curriculum is based on Conscious Discipline concepts to encourage primarily social and emotional development of children in both center and home-based options.

School Readiness Outcomes



Percentage of Children Meeting or Exceeding Age Expectations

Both program options assess children's school

readiness skills with Teaching Strategies GOLD. The overall school readiness goals are for 90% of children to meet or exceed age expectations in the Head Start Early Learning Outcomes Framework domains of Approaches to Learning, Social-Emotional Development, Language and Communication, Cognition, and Perceptual, Physical,

& Motor development. In 2023-2024, the goal was met in three domains as

indicated in the chart.



Enrollment Capacity by County								
County	# of income eligible HS students	# of enrollment spaces	% served	# of income eligible EHS students	# of enrollment spaces	% served		
Marquette	42	17	40%	62	10	16%		
Portage	117	105	90%	176	56	32%		
Waupaca	146	91	62%	220	46	21%		
Waushara	72	19	26%	108	10	9%		



"I am so impressed with the dedication and positive commitment and care all the staff have for children who attend. They work with the families and take time to really get to know the parents as well as the child." - Early Head Start Parent

Parent, Family, Community Engagement

Parent, Family, and Community Engagement is the foundation of the program. A child's most important life-long teacher and advocate are their parents. Parents and staff begin by developing trusting and responsive relationships. Parents are empowered by staff who recognize their strengths and support goals they have set for themselves as parents and as a family unit. The program also connects families with one another to expand their social network through family events, socials, and parent committee meetings. Staff work with community collaborators to support families in accessing the resources needed to be the most successful they can be.

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parents, in a parent satisfaction survey conducted, strongly agreed that they received information that improved their relationship with their child and community resources to help their family. Families also strongly agreed that they would recommend this program to others.

parent volunteers

total parent volunteer hours

Health

CAP Services' Early Childhood Development is committed to wellness and embraces a comprehensive vision of health for children, families, and staff. Through collaborative relationships among families, staff, and health professionals; child health and developmental concerns are identified. Then, children and families are linked to an ongoing source of continuous care that meets their current health needs and in preparation for public school.



MEDICAL HOME

74% 81% HS Children

UP TO DATE WELL CHILD EXAMS

64% 75%

EHS Children HS Children



DENTAL HOME

50% 67% HS Children



PREVENTATIVE DENTAL EXAM

30% 85% EHS Children

HS Children



"My son normally is only ever excited to see his dad come home, but when his teacher comes for our home visit, his excitement surpasses that of seeing his dad."

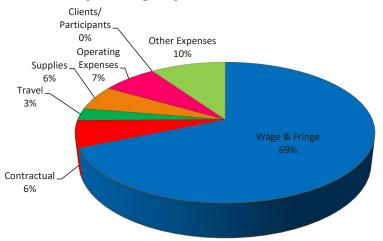
- Early Head Start/Head Start Parent



2024-2025 Budget



Operating Expenses 2023-2024



Revenue	Amount	
Head Start Federal*	\$3,940,483	
Head Start State	\$149,562	
Early Childhood Services	\$237,109	
Early Head Start*	\$1,918,025	
Total:	\$6,245,179	

^{*} COLA/Quality Improvement/CACFP revenues included

Non-Federal Share Match				
Head Start	\$952,173			
Early Head Start	\$481,340			

Training & Technical Assistance				
Head Start	\$35,206			
Early Head Start	\$29,336			

2023-2024 Audit Results

CAP Services financial audit meets the GAAP and Uniform Guidance requirements of its federal grant sources, including Head Start. CAP Services is considered a low-risk auditee and received an unmodified opinion on the consolidated financial statements of CAP Services, Inc and Subsidiaries for the year ended 12/31/2023. The auditors' associated report of compliance for the major federal and state awards also expressed an unmodified opinion. There were no audit findings relative to the major federal and state awards for CAP Services, Inc.

2023-2024 Federal Monitoring Outcomes

In April 2024 the Administration for Children and Families Office of Head Start conducted a CLASS (Classroom Assessment Scoring System) monitoring review of the CAP Services Early Childhood Development program and established that the program had no findings. All scores within each learning environment domain were above the quality and competitive threshold as outlined in the Head Start Performance Standards and represent the expectations of quality for the Office of Head Start.

CAP Services Early Childhood Development

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