



Celebrate Success



1

What is Head Start?

CAP Services' Head Start and Early Head Start are federal- and state-funded programs that promote school readiness and provide quality health, nutritional, social, and other services to enrolled children and families. These comprehensive programs involve the family and community in which they live in the total development of the child.

Income-eligible families with children ages zero-to-five, pregnant women, and families with children with documented disabilities are encouraged to apply anytime.

Head Start and Early Head Start services are provided in Portage, Waupaca, Waushara and Marquette counties. Head Start is a part year program for children ages 3-5 years. Early Head Start is a full year program serving pregnant women and children ages 0-3 years.

Recognizing that it takes a village to raise a child, the program partners with many community agencies to provide families with necessary resources to achieve their self-sufficiency goals.



In the 2018-2019 program year, Early Childhood Development staff completed Community Partnerships agreements with 126 different agencies and programs in the four county area to share information and discuss services that could positively impact low-income families.

Children Served

2

291 Head Start

247 Center Based federal funded

44 Home Based federal funded

323

Head Start children served

201

Early Head Start children served

117 Early Head Start

80 Home Based federal funded

24 Center Based federal funded

13 Home Based state funded

17

Pregnant women served

Ethnicity

22% Hispanic or Latino

78% Non-Hispanic or Non-Latino

Race

2% African American

1% American Indian

4% Asian

8% Biracial/Multi-racial

8% Other/Unspecified

77% White

99%

Head Start average monthly enrollment

96%

Early Head Start average monthly enrollment

Enrollment Capacity by County

County	# of income eligible HS children	# of enrollment spaces	% served	# of income eligible EHS children	# of enrollment spaces	% served
Marquette	57	17	30%	86	11	13%
Portage	156	118	76%	234	46	20%
Waupaca	164	109	66%	245	30	12%
Wausara	87	47	54%	130	30	23%

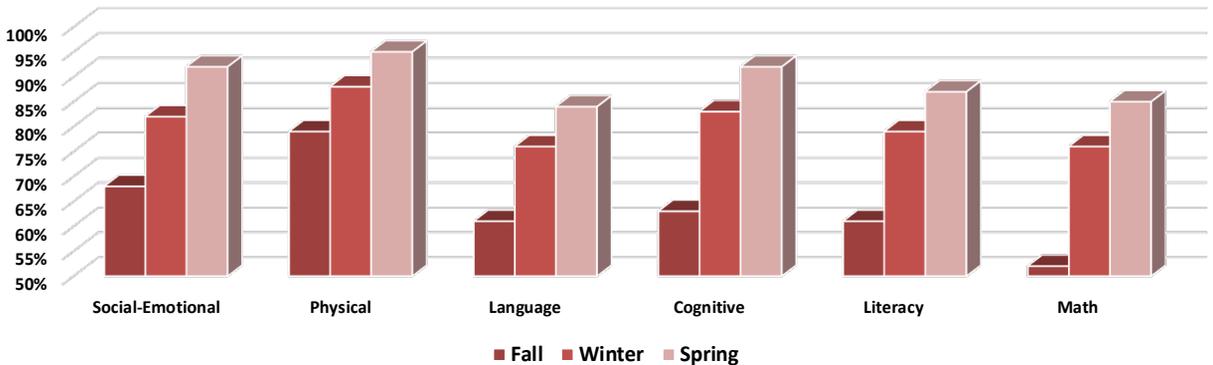
3

Education

The education program is designed to provide high quality early education and child development services that promote children’s readiness for school and create life-long learners. The Creative Curriculum is used in center-based options and Parents as Teachers curriculum is utilized in home base options. Parents are recognized as their child’s first teacher and are an integral part of the education team.

The program has identified school readiness goals that support children’s growth in all learning domains. The goals are developmentally appropriate and align with the Head Start Early Learning Framework 0-5, state learning guidelines and expectations of local school districts. In 2018-2019, children demonstrated growth in all learning domains from fall to spring.

Percentage of Children Meeting or Exceeding Age Expectations by Developmental Area



93%

of parents felt that Head Start/Early Head Start is preparing their child to be ready for school.

It's a requirement that 10% of children enrolled in Head Start and Early Head Start have a documented disability. The programs collaborated with 17 school districts and 4 Birth-to-Three agencies to support children with an Individual Education Plan (IEP) or Individual Family Service Plan (IFSP).

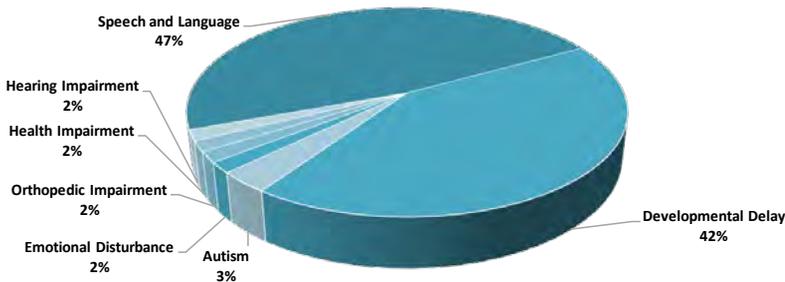
Head Start IEPs

- 42 children had an IEP at beginning of program year
- Throughout program year, 64 children had an IEP

Early Head Start IFSPs

- 13 children had an IFSP at beginning of program year
- Throughout program year, 20 children had an IFSP.

Head Start Individual Education Plans by Type



"Head Start improved my child's life by setting up and implementing an Individual Education Plan for speech which has improved her quality of life immensely."

Parent

5

Mental Health

The program recognizes the importance of providing mental health services to children to encourage their emotional and social development. The Behavior Specialist Consultant observes the children and provides staff with strategies to promote social/emotional development and is available to meet individually with parents/guardians on an as needed basis.

35
children

Observed by
Behavior
Specialist
Consultant

12
children

Received
mental
health
referrals

4
children

Received
mental health
services

"Staff are very positive and create a nurturing environment for children to grow and achieve. They are creating curiosity and a desire to learn."

Parent



CAP Services' Early Childhood Development is committed to wellness and embraces a comprehensive vision of health related services for children, families, and staff. Through collaborative relationships among families, staff and community health professionals, child health and developmental concerns are identified and followed up with as needed. The families and children are connected to an ongoing source of continuous care that meets the child's current health needs.



Up-to-date Well Child Exams

51% EHS children

85% HS children



Preventative Dental Treatment

89% HS children



Medical Home

91% EHS children

89% HS children



Continuous Accessible Dental Care

82% HS children



Up-to-date Immunizations

82% EHS children

91% HS children



Dental Treatment Needed

14% HS children



Health Insurance

97% EHS children

95% HS children



Of 14% Needing Dental Treatment, Percent that Received Services

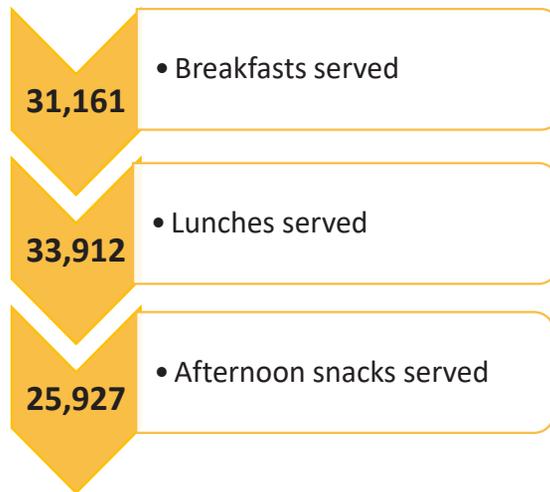
66% HS children

7

Nutrition

Children's healthy food habits are learned through on-going food experiences, both at school and at home. Staff work with children and parents to begin positive health practices early in life. Children in the center-based Head Start and Early Head Start programs are provided a nutritious breakfast, lunch and snack depending on the time they are in the program each day. All meals meet or exceed Federal USDA guidelines. A Registered Dietician supervises the menus and provides education information on nutritional/healthy food topics as needed.

The program recognizes the importance of accommodating special dietary requests whether they are a food intolerance/allergy or religious/lifestyle request. Each special dietary request is reviewed on an individual bases, and staff work with the family to accommodate each request as best as possible.



92% of families reported providing healthier food choices for their family based on nutritional information shared

Head Start and Early Head Start utilize a family systems approach, realizing that the well-being of the entire family is essential to the development of the child. Staff use a strength-based approach in working with families, encouraging parent engagement in all aspects of the program. Through positive, goal-oriented relationships with families and the utilization of community resources, staff assist family members in identifying and moving toward economic and emotional self-sufficiency goals. Positive family outcomes support promising child outcomes that include enhanced school readiness, sustained development, and learning gains.

Families received services from referrals given by staff

73% Early Head Start

81% Head Start

Families moved above 100% of poverty during program year

22% Early Head Start

8% Head Start

Families made gains in financial security

86% Early Head Start

79% Head Start



9

Family Services

Parents are their child's first and most influential teacher. Parent engagement is a key component for a child's success in school. Parent engagement activities include:

- Volunteering in the classroom or making projects at home
- Assisting on field trips
- Giving input to the curriculum
- Participating in monthly Parent Committee meetings
- Leadership opportunities as a Parent Committee officer, Policy Council member or member of the ECD Advisory Committee
- Member of the Health Advisory Committee
- Participating in home visits and family development opportunities
- Participating in male involvement activities
- Participating in recruitment activities
- Planning and volunteering during socializations and family gatherings

95%

of parents participated in at least 4 parent engagement activities

594

Parents volunteered in our programs this year

95%

of parents felt better prepared to support and advocate for their child as they transition to new learning environment

"The program has increased my awareness of resources available to my family. I believe it helped me become a better advocate for my child and his needs."

Parent

Financials

10

Revenue 2019-2020	Amount	Percentage
Head Start Federal**	\$ 3,556,175	64%
Head Start State	\$ 155,168	3%
Early Childhood Services	\$ 316,120	6%
Early Head Start**	\$ 1,512,590	27%
Total:	\$ 5,540,053	100%

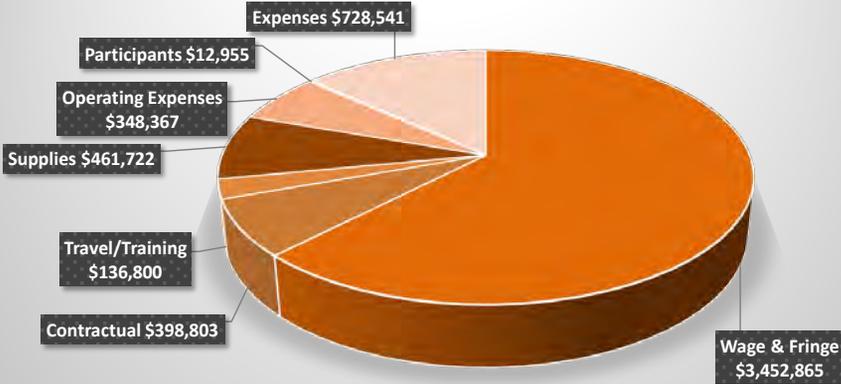
Inkind Match=\$855,096

Inkind Match=\$383,156

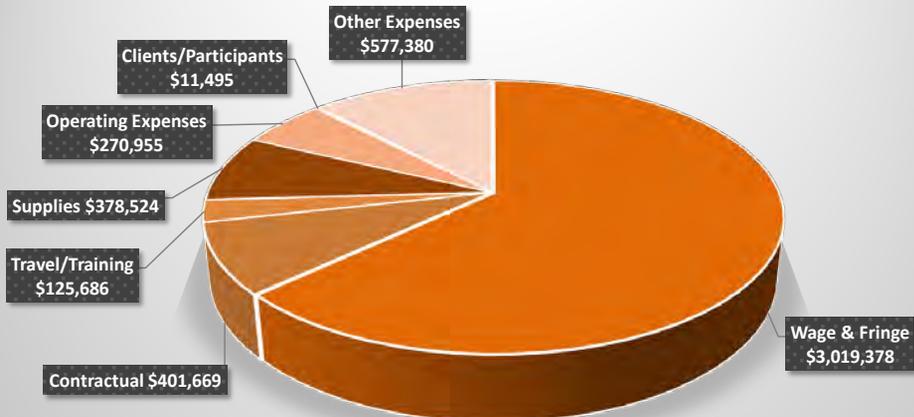
** Increased hours grant

Training and Technical Assistance	
Head Start	\$35,206
Early Head Start	\$29,336

2019-2020 Budget



Operating Expenses 2018-2019





*Transforming People
and Communities*

Our mission is to transform people and communities to advance social and economic justice.

2018 Audit Results

CAP Services' financial audit meets the A-133 requirements of its federal grant sources, including Head Start. CAP Services is considered a low-risk auditee, and received an unmodified opinion on the consolidated financial statements of CAP Services, Inc. and Subsidiaries for the year ended 12/31/2018. The auditors' associated report on compliance for major federal and state awards also expressed an unmodified opinion. There were no audit findings relative to the major federal and state awards for CAP Services, Inc.

2015 Federal On-site Monitoring Outcome

The most recent monitoring review of the CAP Services Early Childhood Development program by the Administration for Children and Families established that the program passed the Head Start Key Indicators-Compliant (HSKI-C) Review Event and thus qualified for differential monitoring based on the results of the review.

CAP Services' Early Childhood Development Administration Office

2900 Hoover Rd., Suite B | Stevens Point, WI 54481

715-343-7539 (office) | 715-343-7521 (fax)

facebook.com/capservicesearlychildhooddevelopment

capservices.org