

Take A Step 5K

Results - By Age Group

Place	Bib	Name	AG	Chip Time	Gun Time	Pace
5K F0-13						
1	84	Shayla Kvatek	F0-13	23:30.74	23:37.95	4:42
2	49	Sara Hopper	F0-13	23:59.26	24:02.78	4:47
3	16	Juliette Wantor	F0-13	29:11.49	29:23.46	5:50
4	46	Madelynne Raschka	F0-13	30:20.08	30:24.11	6:04
5	17	Laila Wantor	F0-13	37:04.31	37:16.64	7:24
6	59	Lia Kezeske	F0-13	40:48.06	41:15.45	8:09
7	137	Alyssa Grant	F0-13	40:53.39	41:07.88	8:10
5K F14-18						
1	120	Nicole Olds	F14-18	23:47.96	23:53.83	4:45
2	58	Kara Battaglia	F14-18	26:35.86	26:44.27	5:19
3	31	Amber Brockman	F14-18	32:01.86	32:26.99	6:24
5K F19-29						
*	150	Jess Bank	F19-29	22:29.15	22:29.15	4:29
1	73	Lauren Gilchrist	F19-29	22:36.87	22:40.15	4:31
2	111	Caroline Gilchrist	F19-29	22:47.99	22:51.19	4:33
3	116	Haley Steig	F19-29	23:01.05	23:04.63	4:36
4	82	Elsbeth Eckendorf	F19-29	24:47.49	25:04.36	4:57
5	26	Aryn Higgins	F19-29	25:07.90	25:17.94	5:01
6	24	Megan Madenwald	F19-29	26:23.69	26:29.35	5:16
7	20	Beca Wojnowiak	F19-29	27:13.64	27:33.44	5:26
8	43	Tara Lila	F19-29	28:39.76	28:50.46	5:43
9	40	Ashley Hardt	F19-29	28:41.00	28:51.57	5:44
10	117	Megan Battaglia	F19-29	29:27.34	29:36.10	5:53
11	126	Katie Kirnse-Funfer	F19-29	29:38.68	29:47.54	5:55
12	113	Kailey Hutzler	F19-29	30:12.66	30:23.48	6:02
13	3	Sayaka Schatzke	F19-29	34:27.12	34:52.90	6:53
14	51	Alyssa Loveland	F19-29	36:30.25	36:36.12	7:18
15	109	Emily Miskoski	F19-29	41:57.17	42:29.94	8:23
16	92	Brooke Mahoney	F19-29	47:10.54	47:46.00	9:26
17	87	Kate Rozumialski	F19-29	47:14.45	47:30.00	9:26
*	99	Tracy Puyleart	F19-29			0:00
*	83	Amanda Esser	F19-29			0:00
*	68	Ashley Konkol	F19-29			0:00
*	29	Sam Przybelski	F19-29			0:00
5K F30-39						
1	14	Shannon Mckinley	F30-39	24:29.07	24:40.42	4:53
2	115	Lacy Naud	F30-39	24:48.44	24:50.09	4:57
3	112	Liz Gosse	F30-39	24:59.96	25:10.54	4:59
4	18	Emily Starke	F30-39	25:20.73	25:34.21	5:04
5	8	Stephanie Schlegel	F30-39	25:30.30	25:42.63	5:06
6	1	Jess Owens	F30-39	26:03.73	26:16.38	5:12
7	118	Katie Miller	F30-39	26:37.37	26:46.91	5:19
8	134	Kristen Lambert	F30-39	26:37.40	26:47.01	5:19
9	21	Jenna Sturtz	F30-39	27:24.14	27:29.37	5:28
10	12	Tiffany Praeger	F30-39	28:01.07	28:12.56	5:36
11	100	Terry Lyn Davis	F30-39	29:46.20	29:53.66	5:57
12	95	Kelly Barden	F30-39	30:40.30	31:04.73	6:08
13	96	Nicole Spees	F30-39	30:41.60	31:04.73	6:08

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Place	Bib	Name	AG	Chip Time	Gun Time	Pace
14	23	Deb Zurawski	F30-39	31:47.06	31:51.89	6:21
15	65	Trisha Hudack	F30-39	32:44.53	33:10.98	6:32
16	71	Michelle Czlapinski	F30-39	38:37.56	39:06.84	7:43
17	136	Betsy Grant	F30-39	40:53.51	41:07.88	8:10
*	139	Shannan Hartman	F30-39			0:00
*	105	Erin Zimmerman	F30-39			0:00
*	39	Miranda Bestul	F30-39			0:00
*	5	Dotty Bauer	F30-39			0:00

5K F40-49

1	61	Donna Kezeske	F40-49	23:30.83	23:38.16	4:42
2	35	Amy Kryst	F40-49	26:33.15	26:48.62	5:18
3	57	Kristin Battaglia	F40-49	26:46.22	26:55.14	5:21
4	88	Dawn Kerske	F40-49	27:42.29	27:49.95	5:32
5	74	Lisa Disher	F40-49	28:11.10	28:22.75	5:38
6	52	Dana Williams	F40-49	29:48.91	30:17.48	5:57
7	66	Kristin Galloy	F40-49	30:25.26	30:53.29	6:05
8	94	Carla Miskowski	F40-49	30:35.70	31:06.53	6:07
9	25	Tiffany Haddow	F40-49	31:47.01	31:51.64	6:21
10	63	Julie Lampert	F40-49	32:02.25	32:31.39	6:24
11	97	Rachel Smola	F40-49	33:47.17	34:02.22	6:45
12	48	Michelle O'connell	F40-49	35:02.72	35:25.65	7:00
13	7	Wendy Podach	F40-49	36:11.66	36:42.86	7:14
14	32	Jennifer Brockman	F40-49	37:00.37	37:26.31	7:24
15	45	Julie Raschka	F40-49	38:48.53	39:12.27	7:45
16	78	Patty Grove	F40-49	45:40.16	46:09.62	9:08
17	33	Carol Ann Lussenden	F40-49	53:09.36	53:47.63	10:37
*	36	Sarah Eron	F40-49			0:00

5K F50-59

1	119	Sue Pukrop	F50-59	24:28.21	24:38.39	4:53
2	79	Char Plowman	F50-59	28:09.07	28:17.11	5:37
3	54	Donna Grim	F50-59	28:39.99	29:04.66	5:43
4	135	Lonna Okeefe	F50-59	29:04.10	29:28.14	5:48
5	69	Julie Hiles	F50-59	31:44.12	31:56.87	6:20
6	11	Carrie Smith	F50-59	34:24.58	34:54.36	6:52
7	9	Terri Koziczowski	F50-59	35:38.88	35:55.19	7:07
8	27	Jayne Todus	F50-59	37:32.68	37:43.68	7:30
9	107	Judy Niemann	F50-59	38:22.26	38:43.90	7:40
10	90	Julie Miskoski	F50-59	38:32.34	39:03.60	7:42
11	70	Jacqueline Connolly	F50-59	43:20.30	43:49.76	8:40
12	10	Cindy Hiler	F50-59	1:03:59.83	1:03:59.83	12:47
*	50	Rita Jasurda	F50-59			0:00

5K F60-69

1	56	Julie Peterson	F60-69	29:04.38	29:29.24	5:48
2	76	Jill Trochlell Ziehr	F60-69	29:13.79	29:19.95	5:50
3	6	Cheryl Breit	F60-69	35:35.74	35:52.05	7:07

5K M0-13

1	85	Maximus Kvatek	M0-13	20:16.59	20:19.01	4:03
2	37	Brayden Grant	M0-13	22:57.03	23:10.82	4:35
3	86	Dash Kvatek	M0-13	23:09.83	23:17.07	4:37

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Place	Bib	Name	AG	Chip Time	Gun Time	Pace
4	125	Romeo Vang	M0-13	27:02.70	27:09.91	5:24
5	60	Luke Kezeske	M0-13	28:14.90	28:37.65	5:38
6	13	Keegan Mckinley	M0-13	29:15.07	29:27.20	5:51
7	101	Ryan Peterson	M0-13	30:21.93	30:30.70	6:04
8	124	Skylar Vang	M0-13	30:41.11	30:48.34	6:08
9	64	Wyatt Schmitt	M0-13	31:19.05	31:41.80	6:15
10	30	Sam Brockman	M0-13	36:04.44	36:29.90	7:12
11	15	Gavin Stelzer	M0-13	37:04.27	37:17.12	7:24

5K M14-18

1	19	Christian Zarazua	M14-18	20:46.05	20:58.30	4:09
2	131	Eli Bentley	M14-18	21:46.96	21:49.85	4:21
3	44	Colton Raschka	M14-18	30:50.80	31:14.53	6:10
*	104	Eli Bentley	M14-18			0:00

5K M19-29

1	121	Sean Schmidt	M19-29	19:35.14	19:37.14	3:55
2	110	Kaz Wawrzaszek	M19-29	21:11.19	21:13.67	4:14
3	89	Ben Mahoney	M19-29	22:52.70	23:01.10	4:34
4	41	Eric Hokenstad	M19-29	23:29.00	23:36.93	4:41
5	123	William Litzer	M19-29	24:51.94	24:53.97	4:58
6	72	Joshua Guerrero	M19-29	25:33.96	25:41.15	5:06
7	128	John Vue	M19-29	28:19.61	28:26.18	5:39
8	81	Travis Eckendorf	M19-29	31:24.49	31:44.29	6:16
9	53	Kyle Borski	M19-29	36:29.02	36:34.95	7:17
*	38	John Bestul	M19-29			0:00

5K M30-39

1	77	Bart Kuhlmann	M30-39	19:24.58	19:29.13	3:52
2	114	Michael Leiterman	M30-39	19:49.03	19:53.86	3:57
3	98	Scott Giese	M30-39	23:01.08	23:07.80	4:36
4	34	Dan Kryst	M30-39	26:32.81	26:48.57	5:18
5	4	Tim Worden	M30-39	28:13.56	28:36.03	5:38
6	22	Dustin Worzalla	M30-39	31:47.12	31:51.89	6:21
7	2	Jake Musson	M30-39	34:28.88	34:54.92	6:53
*	140	Travis Hartman	M30-39			0:00

5K M40-49

*	55	Steve Bierman	M40-49	18:59.43	19:06.20	3:47
1	80	Dave Snyder	M40-49	20:57.69	20:59.21	4:11
2	129	Ryan Eiden	M40-49	21:10.53	21:14.30	4:14
3	62	Scott Kezeske	M40-49	22:13.67	22:17.13	4:26
4	28	Nate Walker	M40-49	23:02.79	23:19.56	4:36
5	133	Todd Lemke	M40-49	23:28.97	23:34.32	4:41
6	47	Matthew Raschka	M40-49	23:55.49	24:18.62	4:47
7	122	Louis Molepske	M40-49	27:40.29	27:57.69	5:32
8	102	Scott Peterson	M40-49	30:21.93	30:30.70	6:04
9	42	Colin Kobishop	M40-49	40:38.21	40:53.57	8:07

5K M50-59

1	103	Mark Bentley	M50-59	26:29.49	26:33.42	5:17
2	106	Jeff Niemann	M50-59	27:10.10	27:31.27	5:26
3	93	Scott Miskowski	M50-59	47:11.46	47:45.72	9:26

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Place	Bib	Name	AG	Chip Time	Gun Time	Pace
5K M60-69						
1	130	Michael Onan	M60-69	24:21.24	24:33.67	4:52
2	108	Bob Kelley	M60-69	25:19.39	25:27.39	5:03
3	75	Ronald Skrenes	M60-69	27:25.40	27:36.95	5:29
4	138	Ed Morganroth Jr.	M60-69	28:05.35	28:50.79	5:37
5	67	Ray Olson	M60-69	29:49.75	29:54.90	5:57
6	127	Jeff Tarras	M60-69	30:12.52	30:23.48	6:02
7	91	Robert Miskowski	M60-69	41:57.83	42:30.20	8:23

5K M70+

1	132	Jim Pollock	M70+	31:40.10	32:01.01	6:20
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Number of records: 141