

Take a Step 5k Run  
 UW Steven's Point Allen Center  
 Steven's Point, WI  
 July 16th, 2013

\*\*\*\*\* Overall Results \*\*\*\*\*

Place	Div/Tot	No.	Name	Sex	Age	City	St	Time	Pace
1	1/19	32	Steve Frericks	M	46	Marshfield	WI	16:43	5:23
2	2/19	175	Brad Cooper	M	47	Littleton	CO	17:27	5:37
3	1/9	52	John Kalkofen	M	34	Stevens Point	WI	19:26	6:16
4	2/9	174	Travis Dahlke	M	37	Hortonville	WI	19:31	6:17
5	3/19	10	Steve Bierman	M	40	Stevens Point	WI	19:37	6:19
6	1/36	165	Krista Maguire	F	20	Wausau	WI	19:47	6:22
7	4/19	172	Bruce Scheller	M	49	Manawa	WI	19:49	6:23
8	1/4	31	Ben Frericks	M	14	Marshfield	WI	20:17	6:32
9	2/36	130	Bethany Wolter	F	28	Holland	MI	20:27	6:35
10	3/36	82	Brittany Peterson	F	27	Plover	WI	20:47	6:42
11	1/8	184	Kevin Filtz	M	24	Wittenberg	WI	21:01	6:46
12	1/30	191	Jackie Ellmann	F	31	Oshkosh	WI	21:29	6:55
13	5/19	150	Ryan Eiden	M	43	Stevens Point	WI	21:42	6:59
14	2/4	198	Eli Jasurda	M	18	Rothschild	WI	21:50	7:02
15	4/36	112	Laura Wetzell	F	19	Stevens Point	WI	21:54	7:03
16	1/12	162	Dave Koch	M	50	Plover	WI	22:02	7:06
17	6/19	55	Scott Kezeske	M	41	Stevens Point	WI	22:08	7:08
18	7/19	42	Scott Henning	M	42	Stevens Point	WI	22:16	7:10
19	3/9	207	Brett Shewsburt	M	37	Englewood	CO	22:21	7:12
20	4/9	141	Jason D'Acchioli	M	35	Stevens Point	WI	22:38	7:17
21	3/4	27	Alex Eron	M	16	Custer	WI	22:46	7:20
22	2/8	68	Ben Mahoney	M	25	Stevens Point	WI	22:52	7:22
23	8/19	182	Todd Lemke	M	45	Rosholt	WI	22:54	7:23
24	5/36	142	Lauren Gilchrist	F	19	Plover	WI	22:55	7:23
25	2/12	201	Scott Jasper	M	54	Plover	WI	22:59	7:24
26	2/30	158	Emily Starke	F	30	Stevens Point	WI	23:01	7:25
27	3/30	206	Jennifer Childress	F	33	West Des Moines	IA	23:03	7:25
28	1/8	80	Michael Onan	M	61	Amherst	WI	23:04	7:26
29	9/19	177	Chris Hirschler	M	44	Long Branch	NJ	23:13	7:29
30	3/12	131	Dan Martin	M	58	Kirksville	MO	23:21	7:31
31	2/8	187	James Carmin	M	61	Davis	CA	23:32	7:35
32	1/21	37	Leigh Anne Hall	F	51	Morris	IL	23:34	7:35
33	4/30	3	Jennifer Anderson	F	35	Marshfield	WI	23:45	7:39
34	3/8	53	Bob Kelley	M	66	Wisconsin Rapids	WI	23:46	7:39
35	6/36	192	Beca Wojnowiak	F	20	Plover	WI	24:08	7:47
36	1/25	56	Donna Kezeske	F	41	Stevens Point	WI	24:16	7:49
37	1/9	86	Hannah Pisarski	F	15	Junction City	WI	24:21	7:51
38	5/30	47	Jennifer Hojnacki	F	38	Stevens Point	WI	24:24	7:52
39	1/4	203	Ashley Straub	F	13	Wausau	WI	24:31	7:54
40	2/9	132	Maggie Pozorski	F	15	Stevens Point	WI	24:35	7:55
41	1/8	179	Carter Koch	M	10	Plover	WI	24:35	7:55
42	6/30	70	Shannon McKinley	F	36	Plover	WI	24:40	7:57
43	3/8	157	Chris Seliskar	M	26	Stevens Point	WI	24:44	7:58
44	10/19	83	Scott Peterson	M	41	Stevens Point	WI	24:54	8:01
45	4/8	199	Jack Bothwell	M	62	Wauwatosa	WI	25:02	8:04
46	2/21	40	Lorelei Hanson	F	53	Oronoco	MN	25:09	8:06
47	11/19	147	Wayne Sobczak	M	43	Stevens Point	WI	25:15	8:08
48	3/21	114	Nancy Wild	F	59	Stevens Point	WI	25:20	8:10
49	4/12	208	Jarold Allen	M	54	Burlington	VT	25:21	8:10
50	7/36	62	Andrea Kozloski	F	21	Stevens Point	WI	25:22	8:10

Take a Step 5k Run  
 UW Steven's Point Allen Center  
 Steven's Point, WI  
 July 16th, 2013

\*\*\*\*\* Overall Results \*\*\*\*\*

Place	Div/Tot	No.	Name	Sex	Age	City	St	Time	Pace
51	2/25	28	Sarah Eron	F	43	Custer	WI	25:22	8:10
52	8/36	100	Lindsey SMIC Burkl	F	29	Stevens Point	WI	25:22	8:10
53	5/9	140	Scott Giese	M	37	Stevens Point	WI	25:26	8:11
54	2/8	116	Isaac Williams	M	11	Stevens Point	WI	25:28	8:12
55	2/4	2	Jocelyn Anderson	F	12	Marshfield	WI	25:31	8:13
56	9/36	189	Tricia Cashin	F	28	Stevens Point	WI	25:33	8:14
57	5/8	113	John Wild	M	60	Stevens Point	WI	25:34	8:14
58	3/9	188	Tracy Van Meter	F	16	Nekoosa	WI	25:38	8:16
59	10/36	169	Sydney Shemanski	F	21	Berlin	WI	25:47	8:18
60	11/36	16	Kristie Chappa	F	27	Stevens Point	WI	25:48	8:19
61	3/25	145	Lynda Konecny	F	47	Elizabethtown	KY	25:49	8:19
62	12/19	7	Craig Becker	M	46	Greenville	NC	25:50	8:19
63	7/30	126	Lisa Day	F	38	Jasper	IN	25:54	8:20
64	12/36	21	kelly Davidson	F	28	Stevens Point	WI	25:59	8:22
65	13/19	111	Greg Webster	M	40	Wisconsin Rapids	WI	26:04	8:24
66	13/36	93	Stephanie Schlegel	F	28	Plover	WI	26:06	8:24
67	4/25	106	Tina Vande Guchte	F	47	Grand Rapids	MI	26:15	8:27
68	3/8	4	Luke Bahling	M	13	Wisconsin Rapids	WI	26:16	8:28
69	5/12	154	Jeff Tarras	M	59	Stratford	WI	26:17	8:28
70	14/36	69	Brooke Mahoney	F	25	Stevens Point	WI	26:24	8:30
71	4/21	48	MarySue Ingman	F	54	Minneapolis	MN	26:31	8:32
72	4/8	17	Riley Cisewski	M	12	Stevens Point	WI	26:31	8:32
73	6/12	149	Jeffery Schultz	M	58	Stevens Point	WI	26:32	8:33
74	15/36	133	Dana Bender	F	26	Philadelphia	PA	26:33	8:33
75	16/36	155	Sarah Hubball	F	28	Gurnee	IL	26:37	8:34
76	4/4	30	Connor Fox	M	16	Custer	WI	26:50	8:39
77	5/25	54	Dawn Kerske	F	43	Stevens Point	WI	26:53	8:40
78	6/25	168	Celia Wagner	F	45	Wautoma	WI	26:54	8:40
79	17/36	127	Brianne France	F	21	Stevens Point	WI	26:59	8:42
80	18/36	137	Sara Craig	F	28	Stevens Point	WI	26:59	8:42
81	5/8	194	Christian Zarazua	M	11	Stevens Point	WI	27:05	8:43
82	7/12	77	Jeff Niemann	M	53	Wisconsin Rapids	WI	27:08	8:44
83	8/30	196	Katie Miller	F	32	Stevens Point	WI	27:10	8:45
84	14/19	180	John Williams	M	41	Johnston	IA	27:14	8:46
85	8/12	202	Chet Konkol	M	56	Wausau	WI	27:14	8:46
86	9/12	135	John Edmundson	M	56	Yuma	AZ	27:14	8:46
87	6/8	138	Andrew Wood	M	60	Rochester	MN	27:17	8:47
88	9/30	115	Dana Williams	F	38	Stevens Point	WI	27:23	8:49
89	19/36	92	Jennifer Ryan	F	22	Stevens Point	WI	27:23	8:49
90	10/30	195	Maria Munoz	F	36	Neenah	WI	27:27	8:51
91	11/30	12	Julie Bowling	F	33	Custer	WI	27:28	8:51
92	10/12	81	george peretz	M	55	Stevens Point	WI	27:37	8:54
93	6/8	87	Isaac Pisarski	M	13	Junction City	WI	27:44	8:56
94	6/9	57	Jeremy King	M	34	Stevens Point	WI	27:51	8:58
95	1/1	153	Rob Rosicky	M	41	Eau Claire	WI	27:57	9:00
96	7/25	14	Sandy Campbell	F	44	Neenah	WI	28:00	9:01
97	8/25	84	Trina Pilsner	F	42	Mosinee	WI	28:02	9:02
98	15/19	73	Scott Miskowski	M	47	Stevens Point	WI	28:06	9:03
99	9/25	49	Rita Jasurda	F	47	Rothschild	WI	28:09	9:04
100	4/8	91	Justin Reid	M	27	Plover	WI	28:13	9:05

Take a Step 5k Run  
 UW Steven's Point Allen Center  
 Steven's Point, WI  
 July 16th, 2013

\*\*\*\*\* Overall Results \*\*\*\*\*

Place	Div/Tot	No.	Name	Sex	Age	City	St	Time	Pace
101	20/36	90	Jenessa Reid	F	27	Plover	WI	28:17	9:06
102	11/12	50	Tom Jasurda	M	52	Rothschild	WI	28:26	9:09
103	7/8	176	Jim Pollock	M	72	Stevens Point	WI	28:28	9:10
104	10/25	129	Michelle Spehr	F	48	Cedarburg	WI	28:28	9:10
105	12/30	205	Andrea Haas	F	32	Stevens Point	WI	28:31	9:11
106	7/8	144	Colton Engle	M	11	Plover	WI	28:38	9:13
107	21/36	161	Laura Emmett	F	23	Wausau	WI	28:51	9:17
108	13/30	99	Beth Smith	F	35	Stevens Point	WI	29:01	9:21
109	14/30	200	Kristin Sisemore	F	38	Brentwood	TN	29:08	9:23
110	5/21	152	Lana Saal	F	51	Melbourne	FL	29:12	9:24
111	6/21	88	Char Plowman	F	52	Wisconsin Rapids	WI	29:15	9:25
112	22/36	108	Jamie Walkush	F	27	Stevens Point	WI	29:17	9:26
113	23/36	185	Elizabeth Kitzrow	F	26	Wausau	WI	29:26	9:29
114	5/8	71	heslyn menadue	M	29	Stevens Point	WI	29:33	9:31
115	15/30	43	Becky Henning	F	38	Stevens Point	WI	29:33	9:31
116	11/25	20	Connie Crowell	F	40	Portland	OR	29:34	9:31
117	12/25	89	Beth Popppe	F	47	Mesa	AZ	29:34	9:31
118	4/9	123	Madeline Rowe	F	16	Stevens Point	WI	29:43	9:34
119	16/19	170	Michael Heim	M	46	Green Bay	WI	29:45	9:35
120	5/9	171	Jacqueline Heim	F	14	Green Bay	WI	29:45	9:35
121	16/30	61	Terry L Kolesar	F	37	Stevens Point	WI	29:46	9:35
122	7/21	122	Jill Trochl Ziehr	F	58	Plover	WI	29:51	9:37
123	6/8	190	Ahern Cashin	M	28	Stevens Point	WI	30:00	9:40
124	13/25	166	Dawn Buchholtz	F	40	Wautoma	WI	30:04	9:41
125	7/9	95	Brad Schneider	M	37	Wisconsin Rapids	WI	30:07	9:42
126	17/19	75	Gordy Mouw	M	40	Stevens Point	WI	30:18	9:45
127	14/25	66	Julie Lampert	F	46	Wisconsin Rapids	WI	30:22	9:47
128	8/9	121	Craig Patoka	M	38	Stevens Point	WI	30:28	9:49
129	24/36	151	Jacqueline Clayton	F	23	Port Edwards	WI	30:32	9:50
130	15/25	5	Peggy Bahling	F	43	Junction City	WI	30:39	9:52
131	25/36	163	Katie Koch	F	24	Plover	WI	30:44	9:54
132	8/21	13	Cheryl Breit	F	58	Wisconsin Rapids	WI	31:07	10:01
133	9/21	204	Anne Russell	F	53	Plover	WI	31:15	10:04
134	17/30	65	Kristen Lambert	F	32	Stevens Point	WI	31:18	10:05
135	16/25	60	Sarah Koepke	F	47	Stevens Point	WI	31:24	10:07
136	12/12	59	Mark Koepke	M	56	Stevens Point	WI	31:24	10:07
137	17/25	33	Dixie Griesbach	F	44	Amherst	WI	31:26	10:07
138	18/30	23	Diana Dimon	F	31	Stratford	CN	31:43	10:13
139	18/25	25	Amy Eddy	F	43	Stevens Point	WI	32:01	10:18
140	19/25	9	Brenda Bierman	F	42	Stevens Point	WI	32:01	10:19
141	19/30	44	Julie Higgins	F	33	Manawa	WI	32:08	10:21
142	20/30	38	Jen Hanlon	F	35	Plover	WI	32:21	10:25
143	10/21	45	Julie Hiles	F	53	Junction City	WI	32:48	10:34
144	11/21	197	Lonne O'keefe	F	50	Stevens Point	WI	33:01	10:38
145	20/25	72	Carla Miskowski	F	46	Stevens Point	WI	33:04	10:39
146	12/21	74	Julie Miskowski	F	52	Stevens Point	WI	33:05	10:39
147	21/30	8	April Behrendt	F	33	Stevens Point	WI	33:05	10:39
148	26/36	109	Rebecca Wanta	F	28	Plover	WI	33:11	10:41
149	1/1	22	Diane Dietsche	F	60	Plover	WI	33:13	10:42
150	18/19	181	Jeff Rogers	M	48	Springfield	MO	33:24	10:45

Take a Step 5k Run  
 UW Steven's Point Allen Center  
 Steven's Point, WI  
 July 16th, 2013

\*\*\*\*\* Overall Results \*\*\*\*\*

Place	Div/Tot	No.	Name	Sex	Age	City	St	Time	Pace
151	21/25	143	Barb Engle	F	46	Plover	WI	33:30	10:47
152	22/30	29	Donna Fenner	F	38	Stevens Point	WI	33:30	10:47
153	22/25	85	Kathy Pisarski	F	43	Junction City	WI	33:40	10:51
154	6/9	105	Olivia Stillwell	F	15	Stevens Point	WI	33:44	10:52
155	7/9	15	Laura Canapa	F	15	Stevens Point	WI	33:44	10:52
156	13/21	186	Jeannine Tauchman	F	58	Stevens Point	WI	33:54	10:55
157	27/36	36	Maya Groos	F	21	Stevens Point	WI	33:58	10:56
158	14/21	35	Jeanne Groos	F	55	Stevens Point	WI	33:58	10:56
159	9/9	96	Ben Scoresby	M	31	Stevens Point	WI	34:06	10:59
160	15/21	167	Carolann Yeske	F	50	Wild Rose	WI	34:20	11:03
161	23/30	139	Jaime Murphy	F	36	South Bend	IN	34:20	11:03
162	28/36	67	Kaeden Litchfield	F	20	Prescott	AZ	34:22	11:04
163	29/36	117	Nicole Zuleger	F	25	Stevens Point	WI	34:25	11:05
164	8/9	183	Dana Lemke	F	17	Rosholt	WI	34:27	11:06
165	24/30	107	Holly Voboril	F	37	Plover	WI	34:35	11:08
166	16/21	173	Candy Gabel	F	55	Columbia	MO	34:41	11:10
167	25/30	134	Tabatha Elsberry	F	38	Butte	MT	34:41	11:10
168	30/36	148	Trina Smith	F	27	Plover	WI	34:46	11:12
169	31/36	39	Chantel Hanson	F	23	Oronoco	MN	35:03	11:17
170	23/25	136	Shanen Aranmor	F	41	Yuma	AZ	35:32	11:27
171	32/36	146	Carolyn Krueul	F	24	Stevens Point	WI	35:57	11:34
172	26/30	164	Sarah Kreager	F	30			35:57	11:35
173	24/25	178	Carey Somers	F	43	Stevens Point	WI	36:04	11:37
174	17/21	156	Nancy LoPatin_Lumm	F	51	Stevens Point	WI	36:04	11:37
175	25/25	11	Linda Blume	F	48	Marathon	WI	36:09	11:38
176	27/30	63	Chris Krein	F	33	Stevens Point	WI	36:38	11:48
177	9/9	58	Alicia Kinnard	F	18	Stevens Point	WI	36:40	11:48
178	7/8	104	Henry Stillwell	M	19	Stevens Point	WI	36:40	11:48
179	33/36	110	Kaitlen Watson	F	21	Stevens Point	WI	37:05	11:57
180	34/36	51	Laine Jewell	F	24	Stevens Point	WI	37:06	11:57
181	28/30	159	Chris Feder	F	37	Wisconsin Rapids	WI	37:21	12:02
182	3/4	160	Emily Feder	F	11	Wisconsin Rapids	WI	37:21	12:02
183	8/8	97	Edward Severson	M	67	Plover	WI	37:21	12:02
184	29/30	46	Caroline Hipple	F	30	Raleigh	NC	37:33	12:06
185	8/8	1	Justin Adamski	M	29	Stevens Point	WI	37:43	12:09
186	18/21	78	Judy Niemann	F	51	Wisconsin Rapids	WI	37:55	12:12
187	8/8	193	Keegan McKinley	M	9	Plover	WI	37:55	12:13
188	35/36	64	Laurel Krueger	F	28	Wisconsin Rapids	WI	38:08	12:17
189	19/21	125	Donna Hall	F	50	Stevens Point	WI	38:10	12:17
190	20/21	19	Sue Crotteau	F	53	Plover	WI	38:28	12:23
191	36/36	18	Abby Crotteau	F	20	Plover	WI	38:28	12:23
192	21/21	101	Deb Sniadajewski	F	56	Amherst	WI	40:41	13:06
193	19/19	94	John Schmitt	M	42	Wisconsin Rapids	WI	46:32	14:59
194	1/2	119	Aryn SMIC Higgins	F	24	Stevens Point	WI	51:28	16:34
195	2/2	118	Sarah Remington	F	35	Stevens Point	WI	52:59	17:04
196	30/30	24	Jody Dombeck	F	39	Kronenwetter	WI	54:25	17:31
197	4/4	103	Mara Steinweber	F	11	Plover	WI	55:57	18:01