

CALL TODAY!

Waupaca County

715-258-9575, ext. 203

715-281-2950, cell

www.capservices.org

CAP Services' Mission

To bring about a permanent increase in the ability of low-income individuals to become economically and emotionally self-sufficient.



CAP Services
Transforming People and Communities

FRESH START PROGRAM

PROGRAM PARTNERS

“The CAP Services Fresh Start Program, has really helped me get my life on track. I now have an amazing job at the Waupaca Foundry and I love it!”

-J.M. (recent graduate)

“Fresh Start has taught me essential life skills I need in order to be a productive and responsible citizen.”

-L.H.

“My good experiences at Fresh Start are still growing. There has been a lot of group effort and education involved, along with community involvement. Fresh Start has also given me several opportunities for certifications to help with future employment”

-J.C.

“Fresh Start is helping me to get my H.S.E.D. I have made a lot of friends and I think that Fresh Start is going help me have a new beginning and a second chance at learning.”

-D.J.

“Getting to know new people is so nice. I am really happy and glad to be here.”

-P.O.



CAP Services

Transforming People and Communities

Human Development

Waupaca Fresh Start

101 Tower Rd. Waupaca, WI 54981

Funded by the FVWDB, Inc., funds provided by the DWD - DET

Fresh Start is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.





Fresh Start is a program that provides at-risk youth, ages 14-24, with an opportunity to work toward their high school equivalency diploma, pursue post-secondary educational opportunities and develop workplace and life skills while they build houses for low income families.

Our experienced program staff also emphasizes community service and involvement as an important component of the Fresh Start experience.



Fresh Start Key Components

- **Classroom Education:** Academic instruction is provided to help you receive your High School Diploma/GED/HSED and to prepare for entrance into college and to improve math and reading skills necessary for the workforce.
- **Construction Training:** On-site training in general residential home construction and renewable energy competencies. Construction of houses for low-income families is used to develop skills for employability.
- **Career Development:** Preparation for post-Fresh Start placement in work, training or college.
- **Training:** Participation in CPR/First Aid, HIV/STD & pregnancy prevention, conflict resolution trainings, and pre-apprenticeship construction certification.
- **Counseling - Life Skills:** Support services for crisis management, conflict resolution, problem-solving, goal-setting and future planning. If necessary, this also includes drug and alcohol counseling.
- **Community Leadership:** Training in how to be a leader by taking responsibility to make things go right for yourself, your family and the community. Participants will be a part of service learning projects and may participate in additional community engagement projects.
- **Skills Training:** Civics instruction, pre-employment skills, adult living skills and training in basic skills such as language and math needed for employment.



Key Expectations

- Typical work week is Monday - Thursday 8:00 a.m. - 3:30 p.m.
- Appointments are to be scheduled for Fridays or outside of work hours
- Signed time sheets are required in order to receive the compensation of \$7.25 per hour for participation
- Must be willing to participate in community service activities
- Being on time and on task is expected every day